



Post Procedure Instructions

Fillings

When an anesthetic has been used, your lips and tongue may be numb for several hours after the appointment. **Please refrain from eating and drinking hot beverages until the numbness has completely worn off.** It is very easy to bite or burn your tongue or lip while you are numb.

It is normal to experience some temperature and pressure sensitivity after your appointment. The sensitivity should subside in a few weeks after the placement of the final restoration. Over the counter pain medications may be used as directed by our office.

If pressure sensitivity persists beyond a few days or if the sensitivity to temperature increases, contact our office. If it is after hours, please call our office number and press “9” anytime during the message.