



Post Procedure Instructions

Crown and Bridge

Crowns and bridges usually take two to three appointments to complete. In the first visit, the teeth are prepared and molds of the mouth are made. Temporary crowns and bridges are placed to protect the teeth while the custom restoration is being created. Since the teeth will be anesthetized, the tongue, lips and roof of the mouth may be numb. **Please refrain from eating and drinking hot beverages until the numbness has completely worn off.**

Occasionally, a temporary crown may come off. Should this happen, please call our office to set up a quick visit and bring your temporary crown with you to be re-cemented. It is very important for the temporary to stay in place, as it will prevent other teeth from moving and compromising the fit of your final restoration.

- Avoid eating sticky and hard foods such as gum, popcorn, candy,
- Chew on the opposite side of your mouth.
- Brush and floss as usual but floss carefully around the crown.

It is normal to experience some temperature and pressure sensitivity after each appointment. The sensitivity should subside in a few weeks after the placement of the final restoration. Over the counter pain medications may be used as directed by our office.

Call our office should you experience persistent pain, an uneven bite or if you have any questions or concerns. If it is after hours, please call our office number and press “9” anytime during the message.